

Dr. Desreen N. Dudley, PsyD is a CT, NY and MA licensed Clinical Psychologist with over 10 years of experience treating individuals diagnosed with serious mental illness. She is a full-time Clinical Psychologist at Cornell Scott-Hill Health Center in New Haven, CT, providing mental health treatment to a diverse psychiatric population in an inner-city setting. She has been working with Teladoc Health since 2016 as a Senior Behavioral Health Quality Consultant as well as a network provider. In her capacity she provides virtual therapy to Teladoc members and provides expertise on several quality management committees.

Dr. Dudley has a demonstrated history of working in the health care industry with expertise in tele-mental health and medical devices. Since 2012, she has served as a behavioral health consultant to various healthcare/technology companies. She has experience in behavioral health content creation, design and oversight of health management programs compatible with multiple remote patient monitoring platforms, including appliances, phone, and web-based platforms. She has been an invited panelist speaker for national conferences hosted by the National Council for Behavioral Health, Open Minds, and Information Systems Audit and Control Association (ISACA) as well as a speaker for several webinars focused on the use of telehealth to decrease health care costs while improving the care and outcomes of individuals with serious mental illness. Dr. Dudley completed her PsyD degree at the University of Hartford in 2007, her predoctoral internship at the Veteran's Administration Hospital and postdoctoral residency at Yale University School of Medicine Department of Psychiatry in Connecticut.